

# Proposal to US Open Taekwondo Hanmadong

From: Dr. John P. Wood, Koryo Gumdo International ®

## Gumdo Paper Cutting Contest

- Goal:** 1. To perform a perfect cut with a front cut.  
2. To perform a perfect cut with a cross cut. (either left or right)  
**Note:** the participant cuts the newsprint paper with the grain not against the grain.

**Note:** In case of a tie for 1<sup>st</sup> place (Gold)

3. To perform a perfect cut with a left angle down cut.
4. To perform a perfect cut with a right angle down cut.

**Note:** In case of a tie again

5. The closest to a perfect cut (**THE RED CENTER LINE**) wins

### **Materials and Equipment:**

1. A Mokgum, **a wooden (bamboo) sword designed for paper cutting (a example is attached)**

- Note: a. **A Strong Suggestion: the mokgum is supplied by the tournament committee.**  
b. It offers non-gumdo people a chance to participate in the event. Even without equipment.  
c. It attracts kid's and other novice.  
d. The referee does not need to inspect each sword at the ring. Slowing down the event

2. Two (2) standards which hold the paper targets in place (the design is attached)
3. Newsprint paper used (2 options)
  - a. Lines are printed on the newsprint designating the centerline and the points awarded as the cut moves away from the centerline. (the design is attached) .
  - b. Newsprint with a designated centerline drawn or printed and a Plexiglas gauge to calculate the participants cutting score. (design is attached)

**IMPORTANT Print the target lines on the paper "with the direction of the grain" (the width)**

The Rational for supplying the sword in the Two Station Cutting:

1. The tournament committee can assure fairness amongst the participants.
2. Allowing the novice to participate gives the event a quicker participation success.
3. Advanced gumdo enthusiasts will naturally be attracted and join in anyways.
4. The new participant will not have to transport a sword compete in this event.

**A paper cutting sword (available thru Best Martial Arts / Sang Moo Sa)  
item # SWBH: practice bamboo sword**

### **The Contest:**

#### **Procedure**

- a. Divisions are staged and brought to the appropriate rings.
- b. First group competes through the contest, then move to the next group and so on, until all groups have completed.

## The participant is bowed in

1. The participant is positioned at station one

Note: (a horse stance is most common and easiest to control but not required)

2. The command **Paldo / Draw - pause to allow the draw - Sijak** is given
3. The participant moves into position, aims and executes a front cut
4. The command **Chakgum / Return- Baro** is given by the referee
5. Judge 1 will remove the target paper confirm the score and submit the paper to the score keeper.
5. The participant is positioned at station two (a horse stance is most common and easiest to control)
6. The command **Paldo / Draw - pause to allow the draw - Sijak** is given
7. The participant moves into position, aims executes a cross cut (either left or right it doesn't matter)
8. The command **Chakgum / Return- Baro** is given by the referee.
9. The participant will return the sword and return to to attention stance
10. Judge 2 will remove the target paper confirm the score and submit the paper to the score keeper.
11. The scorekeeper will write the participants name/number & the cut on the target sheets submitted
12. **NOTE:** If there is a Deduction Penalty the referee will declare at this time a **Gomjun** and raise the number of fingers for each point deducted. the score for that cut.
13. The Referee calls: **Judges Score**, the compiled scores of the two cut is announce.

## The Participant is bowed out.

### Judging:

1. Upon the completion of the first cut Judge 1 will remove the paper from the standard.
2. Calculating the farthest incision from the centerline will be the score for the cut.
3. Judge one will report the score to the scorekeeper.
4. Upon the completion of the first cut Judge 2 will remove the paper from the standard.
5. Calculating the farthest incision from the centerline will be the score for the cut.
6. Judge one will report the score to the scorekeeper.
7. The scorekeeper will calculate the two scores together to come up with the final score

**Deductions:** A deduction of 1 point is subtracted for the following infractions:

1. Touching the target while aiming.
2. Taking a second attempt to cut the target completely.
3. Hitting the standard with the sword.
4. Going out of the participant area while attempting the cut.

### Awards:

1. Scores are based on the chart below and the participants accumulate points for each cut.
2. Score from station 1 + score from station 2 = total score for the participant.
3. The top three scores receive Gold, Silver, Bronze.
4. 4<sup>th</sup> place and on receive the Spirit award.

**Or:** Using a performance scores scaled to meet a Gold, Silver, Bronze, or Spirit award standards.

Gold Medal:	a. $10 + 10 = 20$		
Silver Medal:	a. $10 + 9 = 19$	b. $10 + 8 = 18$	c. $9 + 9 = 18$
Bronze Medal:	a. $10 + 7 = 17$	b. $9 + 8 = 17$	c. $9 + 7 = 16$
	d. $10 + 6 = 16$	e. $8 + 8 = 16$	
Spirit Medal:	a. $9 + 6 = 15$	b. $8 + 7 = 15$	b. $8 + 6 = 14$
	d. Any points below 16		

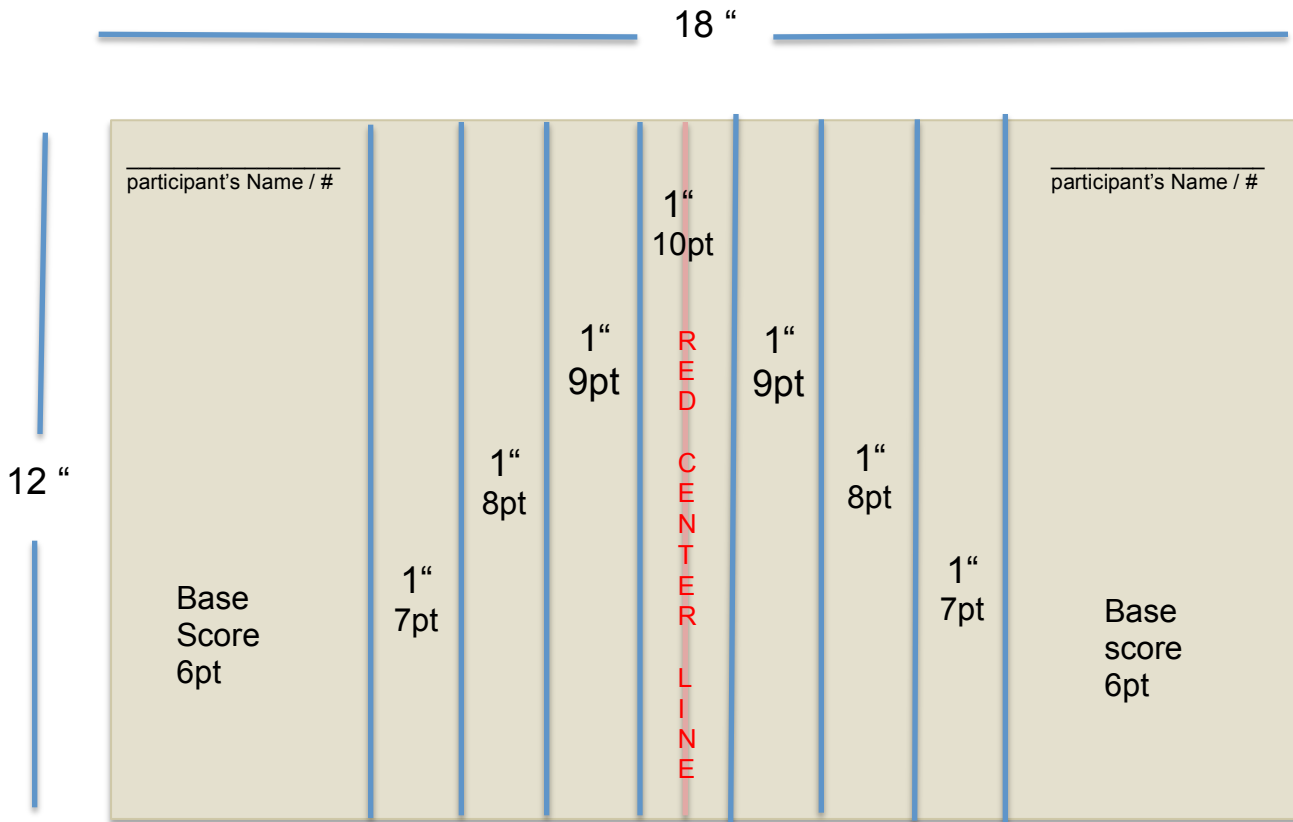
**Note 1:** Any score with any missed cut / a no cut

- Example:**
- a. does not cut thru the target completely.
  - b. The cut pulls the target from the standard not completing the cut thru the target
  - c. The cut tears the paper into 3 pieces

**Note 2:** The line is considered the inside score

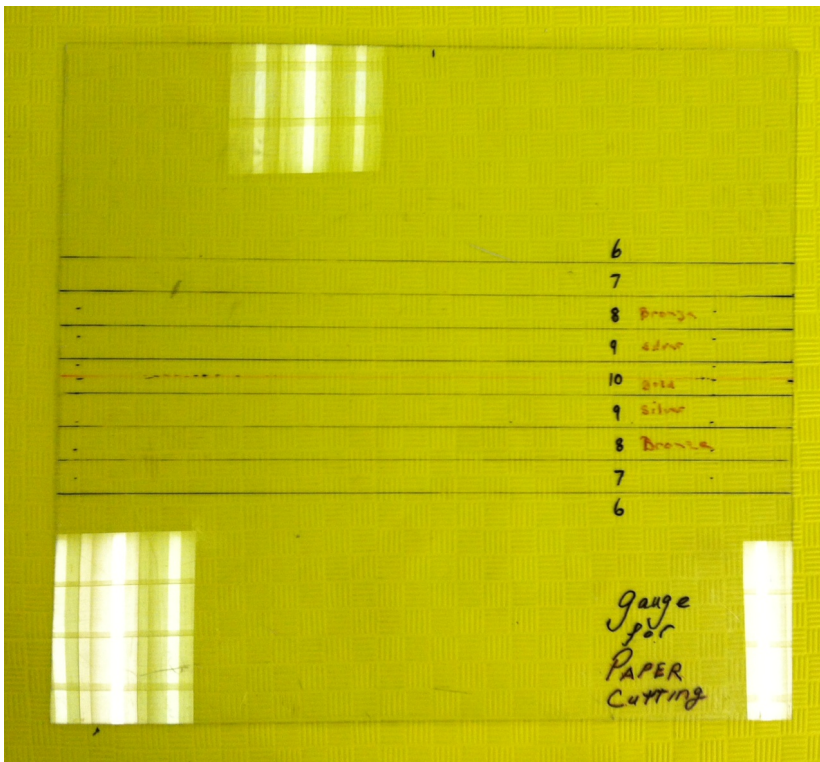
**Example:** on the 10 points to 9 points line, the score is 10 points.

# Example of paper



## EXAMPLE: Paper Cutting Gauge.

Another option is creating a gauge, after the paper is cut you set the paper on the gauge and it shows you the score. (I personally use this, it's easy, fast & cheap)



The gauge is made of clear Plexiglas 24" x 24" with lines and numbers drawn on it

# Example of Paper holding Standard



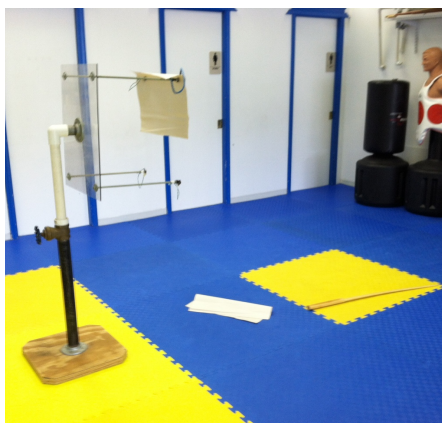
Paper Standard



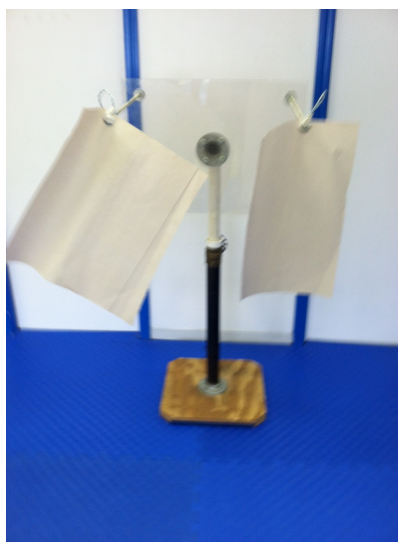
Vertical Cut



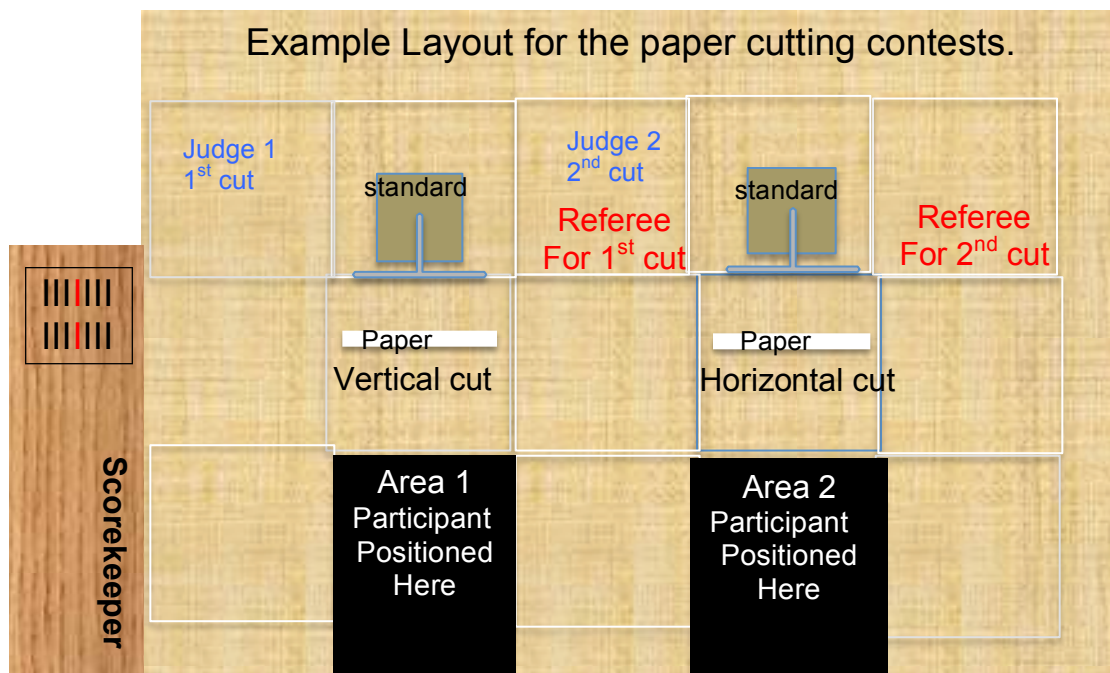
Horizontal Cut



Station Layout



## Example Layout for the paper cutting contests.





# Creative Paper Cutting:

## The Goal:

To gain the highest score using creativity, performance, martial arts spirit and cutting precision.

## Equipment and supplies

1. Approved swords for contest: Mokgum, A wooden or molded resin sword (No Metal Swords)
2. Three standards which hold the paper targets in place (the design is attached)
3. The cutting material used is newsprint 12" x 18"

## Note 1: The Newsprint options

a. Lines are printed on the newsprint designating the centerline and the points awarded as the cut moves away from the centerline. (the design is attached) .

***IMPORTANT Print the target lines on the paper "with the direction of the grain" (the width)***

b. Newsprint with a designated centerline drawn or printed and a Plexiglas gauge to calculate the participants cutting score.

## The CONTEST PROCEDURE & PROTOCOL

1. The participant's name is called into the ring
2. The referee will bow in the participant with the command: **Charyut Kyungrae**
3. The set up staff will stand at the edge of the ring as the participant is bowed in
4. The referee will then give the command: **SET UP**
5. The participant will set down their sword and begin to help set up stations.
6. The participant will have 60 seconds to set up the cutting stations.
7. Once set up the participant will come to attention facing the judges table.
8. The referee will have the participant move to their starting position.
9. The referee will give the command: **SIJAK** to begin the cutting contest.
10. The participant will have up to 60 seconds to complete the cutting sequence.
11. Upon completion of the cutting sequence the participant must move into a stationary pose or posture to designate the completion of the sequence.
12. Upon the completion of the cutting sequence the referee will claim. **Chakgum or Baro**
13. *(ChakGum; put sword in scabbard or place the sword at ones hip then return to attention.)*
14. The participant will move into a neutral stance position with their sword at their hip.
15. The referee waits 5 seconds for the judges to calculate their scores then says **Judges Score.**
16. The Judges reveal their scores
17. The scorekeeper's calculate the scores and posts them.
18. **NOTE:** If there is a Deduction Penalty the referee will declare at this time a **Gomjun** and raise the number of fingers for each point deducted.
19. The referee will bow out the participant with the command **Charyot Kyungrae.**
20. The referee will direct the participant to the holding area until the entire division has competed.
21. Once all of the participants have competed the referee will announce and call up first place, then second place then third place participants and have them face the audience.
22. Announcing award receivers from third to first place toward the audience
23. Then the referee gives the command **Charyut Kyungrae.**
24. Then the referee commands face the judges and says **Charyut Kyungrae** and **you are dismissed**, where they go off to get their awards.

## Set Up:

1. The participant will move his/her sword to the center of the ring
2. The participant will tell the staff where to place the standard.
3. The staff will place the paper on the standard
4. The participant or staff will adjust angles or height of the target

5. Once set up, the participant will return to the sword and assume Charyot posture

## **Creative Paper Cutting Continued:**

### **Basic Rules:**

1. Base Points - Each participant always begins with 30 points and may earn a maximum of 100 points.
2. Participants have 60 seconds to set up and 60 seconds to execute their cuts.
3. the participant's perform a creative 3 station cutting sequence. (newsprint is 12"x18")
4. Props CANNOT be used, and paper targets cannot be altered.
5. Participants may provide their own set up staff. There are no uniform requirements for the set up staff, although attire must be suitable for a family environment.)
6. ONLY martial arts shoes are allowed on the mats.
7. The participant may attempt to cut each paper target a maximum of 1time.

**JUDGING:** the judges will score the contest based on the following criteria. Earn up to 100 points

8. The following will complete each participant's score:
  - a. **Base points** – each participant will start with 30 points.

**Judge 1: Accuracy of a Successful Cut** is worth up to 10 points at each station = 30 points

- i. *A successful attempt at each station results in a score for that station*
- ii. *Successful Stations: is worth 6 to 10 points based on the accuracy of the cut*
- iii. *Tearing / ripping the target into 3 section is a no cut and worth 0 points*
- iii. *A target which is knocked off of the standard without being cut is a no cut and worth 0 points*

**Judge 2: Creativity (10 points)**

- i. Creativity of Performance
- ii. Degree of Difficulty

**Judge 3: Presentation (10 points)**

- i. Speed/Tempo/Flow

**Judge 4: Martial Arts Spirit (10 points)**

- i. Kihap
- ii. Attitude – confidence, assertiveness
- iii. Etiquette – proper respect

**Center Referee:** Directing the participants and competition

**Note:** the center referee can additionally take on the role of Judge 1.

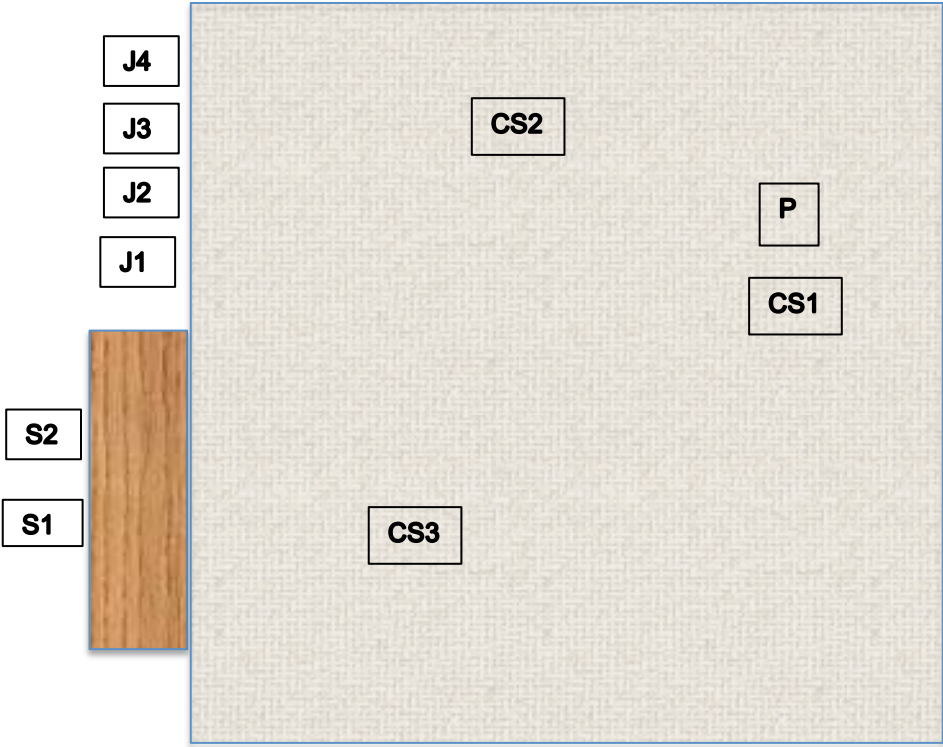
### **9. Deductions**

- a. Participant exceeds the 60-second time limit for setup (1 point deduction)
- b. Participant exceeds the 60-second time limit for execution (1 point deduction)
- c. Participant exceeds the maximum of 1 attempt per station: \*\*\*  
*Note: touching the paper with the sword in order to align the cut after the declaration of Sijak.*
- d. The participant readjusts the standard after the declaration of Sijak. \*\*\*
- e. Participant crosses outside of the 8 meter x 8 meter ring \*\*\*
- f. Unsportsmanlike conduct

\*\*\* = (1point deduction for each occurrence)

# EXAMPLE: Layout for Creative Paper Cutting

Referee / Judge 1: moves around observing the participant at a safe distance



J = Judge  
S = Scorekeeper  
R = Referee  
P = Participant  
CS = Cutting Stations